



## CO-ED VOLLEYBALL

SPRING 2024



AGES  
7-14

This five week program will teach all the fundamental volleyball skills (passing, setting, serving and spiking) while having fun and playing games in a safe environment. We also focus on why it's important to have a positive mindset as an athlete.

# SPRING 2024 CO-ED Volleyball

Starting May 14th (5/14, 5/21, 5/28, 6/4, 6/11)

Deksuperstars Coed Volleyball

**Tuesdays**

**Session 1- Ages 7 to 10 4:30-5:30pm**

**Session 2- Ages 11 to 14 5:30-6:30pm**

**Coached by Nassau County JV and Varsity Coaches**

Please Register Online at: [www.deksuperstars.com/registration](http://www.deksuperstars.com/registration)



**Ages 7 to 10: \$180 for 5 week 1 hour sessions**

**Ages 11 to 14: \$180 for 5 week 1 hour sessions**

Sessions will take place at DEK Superstars in Massapequa.